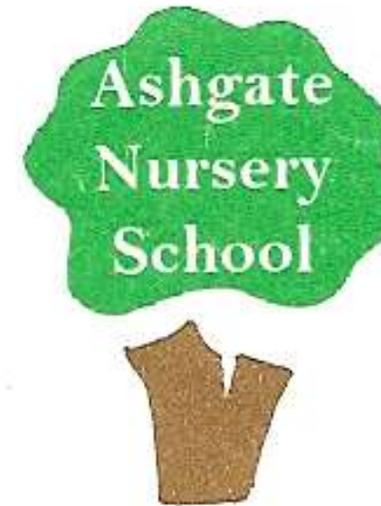


8. **Be a broken record** – repeat yourself until they hear and follow the instruction. Keep the instruction simple.

9. **Remember no means no!** - if you tell the child the consequences of their actions you must then follow it through.

10. If bad behaviour persists or is dangerous to themselves or others remove them from the situation. You can use time out for short period. If a child is having a tantrum they will not be able to hear lots of language. Stay calm but firm. Explain and reason with them when they have calmed down afterwards not in the middle of the tantrum.



Promoting
Good
Behaviour

Here are 10 top tips to encourage good behaviour in your child.

1. **Praise good behaviour**, using eye contact, smiling, thumbs up signs. Children want and need to know what is right and expected of them. Aim to say 5 positive things to 1 negative thing.
2. **Distraction** - if the child is doing something you do not want try showing them something else that is interesting to look at or do. Use a lively excited voice to attract their attention to it.
3. **Ignore** – where possible ignore the unwanted behaviour especially if it is just to get your attention. Remember then to give your attention to the good behaviour.
4. **Criticise the behaviour not the child** – it is the hitting that is naughty not the child.
5. **Show the appropriate behaviour** – so they know exactly what you want. Show them something else to do with the object, eg if they are banging the spoon on the table show them how to use it to eat with.
6. **Be specific** – say clearly what you do and don't want. Rather than *“don't do that”* say *“don't hit the table”* or *“use the spoon for eating please.”* Have clear rules.
7. **Be consistent** - it is confusing for a child to be allowed to do something one time but not another. If you do explain why.